

# MONTHLY NEWSLETTER

Happy New Year!

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## VISION

“A literate, healthy and self-reliant Community”

## MISSION

**\*Identify and work with socially and economically backward people, especially girls and differently-abled;**

**\*Enhance people’s skills, especially of the youth;**

**\*Promote community self-reliance through community participation.**

## ABOUT NIPUN

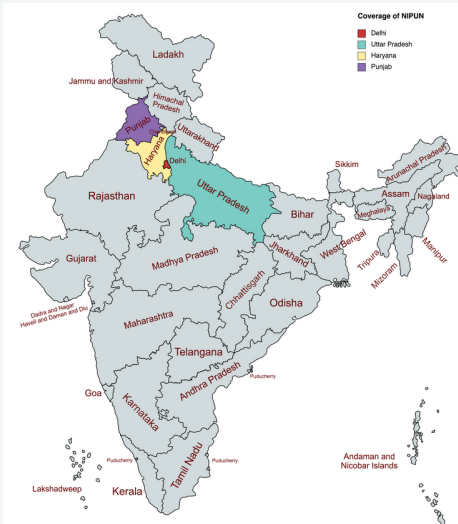
“NIPUN” - a Hindi word, meaning **‘one who is skilled’** - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS
- Empanelled by Institute of Corporate Affairs
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)

### Support:

**You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes.**





### World AIDS Day 2021:

The theme of this year World AIDS Day is "End inequalities, End AIDS"

NIPUN Vocational Education Centre observed World AIDS Day on December 1 2021 and organised an awareness programme on the life threatening disease and its prevention & control.

Forty (40) young entrepreneurs trained in self employed tailor, beauty and wellness & computer courses actively participated the program. The awareness programme ended with an interactive question and answer session.

### Sensitisation programme for transgenders:

A community sensitisation programme was organised by NIPUN under Targeted Intervention Project at Kapashera Border, South West District, Delhi facilitating registration for Voter Identity Card during the Dilli Ka Voter Utsav. NIPUN team mobilized community through door to door visits and individual counselling sessions.



During the "Chalo Voter Bane Hum" campaign, 113 transgenders registered for Voter Identity Card. NIPUN expresses gratitude to the Office of the District Magistrate, South West District for providing an opportunity at the door step of the transgender community.

### Awareness Programme on POCSO Act 2012 at NIPUN

Delhi State Legal Services Authority, West District organised an awareness programme on Protection of Children from Sexual Offences (POCSO) Act, 2012 on December 1, 2021 which was attended by team members of NIPUN and youth.

Advocate Shri. Raj Gaurav explained about rights, duties, offences and punishments provided under the Act in an interactive session where participants put across their doubts which were promptly resolved by the resource person. A video was also showed to the participants to make them well informed and aware about nuances of Sexual Offences among children.



The session ended with a pledge that the participants would spread the information about the Act with their friends, family members and neighbours. Forty one (41) participants actively attended the session.

NIPUN sincerely thanks Delhi State Legal Services Authority, West District for their regular support for the upliftment of the underprivileged society.



**Shri Pradeep Kumar**, Veteran Social Worker and Founder Secretary of NIPUN received a token of appreciation from Shri. Kapil Kumar Aggarwal, Founder Chief Executive Officer, V.S.S for Support and Service Towards Person with Disabilities (PWDs) during the participation in "Divyangjan Shashktikaran Mela 2021" organised by Ministry of Social Justice & Empowerment, Department of Empowerment with Disabilities, Government of India in collaboration with Families of Shiradi Sai Baba.



### Human Right's Day observed by the Association of Parents & Teachers

Human Rights Day 2021 is observed on December 10 every year. Every individual living on earth has basic rights which they must be aware of. NIPUN celebrated Human Rights Day 2021 with the women of J J Clusters at Meera Bagh of West Delhi.

During the celebration, participants were educated about their basic rights and responsibilities as Citizen of India. Thirty five (35) members of parents teachers association attended with full enthusiasm and zeal.



### Across the State: World AIDS Day 2021

Through targeted Intervention Project - South West District, Delhi & Batala, Gurdaspur, Punjab observed World AIDS Day 2021 with High Risk Group ( HRGs).



### Growth Monitoring cum Health Check up Camp

Monthly Growth Monitoring cum routine health check up camp was organised to review / analyse the growth of the 180 children who are residing at construction sites, NOIDA and enrolled at NIPUN Day Care Centres. During the Check up programme, Dr. Kalyani Mishra reviewed the height, weight, immunisation, deworming status and skin of each Child. 180 children in the age group from birth to 12 years which covered 96 girls and 84 boys registered for the camp.



According to the diagnosis, doctors have recommended treatment /special diet including protein, iron, and calcium to 33 children and advised extra care for malnourished children and conducted counselling sessions with mothers and their day care workers for better care of the children.

### Gifting a Smile to Children

A well wisher of NIPUN gifted games like building blocks, puzzles, soft toys and other educational aid which will benefit the children in improvement of social, language, concentration, communication, creative thinking, leadership, confidence, team work and critical analysis.



NIPUN expressed gratitude to the donor for the valuable support.

### Merry time of the Year:

Christmas was celebrated at NIPUN and the entire family of NIPUN came together to celebrate the festival wherein NIPUN Santa danced with the children to the Christmas jingles.





### World Disability Day 2021

Leadership and participation of persons with disabilities towards an inclusive, accessible and sustainable post COVID-19 world"

NIPUN observed the day with persons with disabilities across all its project locations.

### Better Nutrition, Better India:

Well wishers of NIPUN interacted with the families residing at Meera Bagh slum and handed over 280 supplementary nutrition packets to the needy families on December 3 2021. they congratulated the NIPUN team for their grassroots approach.

NIPUN expresses gratitude to Sh. Mohit Rateriya, Sh Ashish Garg and Ms. Madhu Aggarwal for their valuable support.

### National Mathematics Day 2021

December 22 is celebrated as National Mathematics Day in India in honour of Shri Srinivasa Ramanujam, one of the world's greatest mathematicians. Children at NIPUN took interesting lessons on mathematics and enjoyed the sessions.

### Awareness Session on Importance of Nutrition

Nutrition is a critical part of health and development. Better nutrition results in improved infant, child and maternal health, stronger immune system, safer pregnancy and child birth, lower risk on non communicable diseases.

Ms. Anjana Matta, Resource Person conducted a sensitization discussion on nutrition with women and adolescents girls through IEC materials.

A fruitful discussion was facilitated by the resource person urging everyone to adopt best practices in their lives. 35 participants actively attended the session and clarified doubts on nutrition.

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